



- How to make this Lesbian Safer Sex Guidelines Standup Display:**
1. Fold over back to back (Make sure the picture and dotted line match)
 2. Glue to a stiff cardstock backing (a file folder works)
 3. Cut out along the dotted line
 4. Fold over tabs to make base



— fold here

LESBIAN SAFER SEX GUIDELINES

▼ NOT RISKY ▼

- Massage
- Hugging
- Fantasy
- Voyeurism
- Exhibitionism
- Masturbation (Touching Yourself)
- Vibrators or other sex toys (Not shared)
- Dry Kissing
- Body To Body Rubbing or "Tribadism" when fluids are not involved

▼ POSSIBLY RISKY ▼

- Wet (French) Kissing
- Shared hand & genital contact with a barrier such as a fingercot, glove or latex dam (a square piece of latex)
- Cunnilingus (Oral-Genital contact) using a barrier
- Rimming (Oral-Anal contact) using a barrier
- Fisting using a barrier

▼ PROBABLY RISKY ▼

- Shared hand, finger & genital contact with cuts or sores
- Cunnilingus (Oral or Tongue to genital contact) without a barrier

▼ VERY RISKY ▼

- Cunnilingus without a barrier during menstruation
- Female or male ejaculate in the mouth, vagina, or anus
- Rimming without a barrier
- Fisting without a barrier such as a glove
- Sharing sex toys without a barrier
- Sharing needles of any kind, i.e.: to shoot drugs, pierce or tattoo the skin